

## Professional Development Workshops

1. **From farm to fork** – Sofi Gerber and Mike Somers
2. **The seasonal table and rhythms of the year** – Kerstin Hemlin
3. **Song and rhythm** – Kefas Berlin
4. **The voice** – Petja (Aava Chamber Choir)
5. **Silversmithing** – Anne-Lene Jappe
6. **Ethical principles in practice** – Katarina Sundby and Magda Kleparska
7. **Poetry in motion** – Helene Boman Blomkvist
8. **Play and music from Solberga** – Name to be announced
9. **Practical AAC/AKK** – Name to be announced
10. **Eurythmy group** – Anneli Planman and Anne Grete
11. **Sustainable leadership** – Johan Strömgren
12. **Therapeutic painting** – Michaela Schwartz
13. **Drama in a large group** – Dag Francois Balavoine
14. **The pedagogical law** – Name to be announced
15. **Handcrafts** – Name to be announced

## Thematic seminars:\*

**EARTH** – Thomas Lüthi

**BODY** – Name to be announced

**SOUL** – Göran Nilo

**SPIRIT** – Gérard Lartaud

\* Participants may choose **two** of the above thematic seminars, either on Tuesday or Wednesday.



Nordiska Förbundet  
för Läkepedagogik och Socialterapi

## The Human Being and the Earth: Rhythms for Learning, Development and Inclusion

Professional Development Days  
Järna May 4-7 2026

## Kulturhuset Ytterjärna May 4–7, 2026

### Monday May 4

- 14:00–15:00 Nordic association meeting
- 15:00 The conference desk opens
- 16:00–17:00 Words of welcome and clown performance / Allkonst
- 17:00–18:00 Lecture by **Marja Ros**
- 18:00–19:00 Dinner
- 19:00–20:00 Performance - **Aava Chamber Choir**
- 20:00– Gathering with music in the foyer

### Tuesday May 5

- 8:30–9:00 Artistic prelude and choral singing with **Kefas**
- 9:15–10:15 Lecture by three contributors sharing lived experience in inclusion and social practice
- 10:15–11:00 Coffee break
- 11:00–12:30 Lecture by **Jonna Bornemark**
- 12:30–14:00 Lunch
- 14:00–16:00 Professional Development Workshops
- 16:00–16:30 Coffee break
- 16:30–17:45 Thematic Seminars  
(choose between **Earth, Body, Soul** and **Spirit**)
- 18:00–19:00 Dinner
- 19:00–20:00 Eurythmy performance
- 20:00– Gathering with music in the foyer

### Wednesday May 6

- 8:30–9:00 Artistic prelude and choral singing with **Kefas**
- 9:15–10:15 Lecture by **Katarina Sundby**  
"Between Me and You – The Space In Between"
- 10:15–11:00 Coffee break
- 11:00–12:30 Professional Development Workshops
- 12:30–14:00 Lunch
- 14:00–16:00 Professional Development Workshops
- 16:00–16:30 Coffee break
- 16:30–17:45 Thematic Seminars  
(choose between **Earth, Body, Soul** and **Spirit**)
- 18:00–19:00 Festive dinner
- 19:00– Dance and celebration with music by **Fantastiska Fyran**  
in the foyer

### Thursday May 7

- 8:30–9:00 Artistic prelude and choral singing with **Kefas**
- 9:15–10:15 Professional Development Workshops
- 10:15–11:00 Coffee break
- 11:00–12:00 Lecture by **Jens Möller**  
"Resilience and impulses to carry into our own practice"
- 12:12 [A cultural surprise](#)
- 13:00– Lunch and departure